

Harvest of the Month Avocado



We offer a variety of hot and cold breakfast entrees daily.
For \$1.85 you may choose an entree, fruit, and milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		CHEESE OMELET 1	PANCAKE W/SAUSAGE 2	NO SCHOOL 3
BREAKFAST BURRITO 6	PANCAKE ON A STICK 7	CHEESE OMELET 8	WHOLE GRAIN WAFFLE W/SAUSAGE 9	BREAKFAST SANDWICH 10
BREAKFAST WRAP 13	FRENCH TOAST 14	CHEESE OMELET 15	PANCAKE W/SAUSAGE 16	BREAKFAST SANDWICH 17
NO SCHOOL 20	PANCAKE ON A STICK 21	CHEESE OMELET 22	WHOLE GRAIN WAFFLE W/SAUSAGE 23	BREAKFAST SANDWICH 24
BREAKFAST WRAP 27	FRENCH TOAST 28	CHEESE OMELET 29	WHOLE GRAIN VEGETARIAN	For detailed nutritional information and for our featured fruits of the week visit http://www.adams12.org/nutrition
		NO SCHOOL 1	BEAN & CHEESE BURRITO 2 HAM AU GRATIN FRESH VEGGIES MINT FRUIT SALAD FRESH VEGGIES FRESH FRUIT CANNED FRUIT	NO SCHOOL 3
PEPPERONI PIZZA CHEESE PIZZA DELI SUBS ASSORTED CORN TOSSED SALAD FRESH VEGGIES FRESH FRUIT	MACARONI & CHEESE ROASTED CHICKEN COLESLAW FRESH VEGGIES FRESH FRUIT CANNED FRUIT	NO SCHOOL 8	PANCAKE W/SAUSAGE AND EGG PANCAKES CHICKEN FAJITAS PBJ SANDWICH CREAMY APPLE SALAD FRESH VEGGIES FRESH / CANNED FRUIT	BEAN TOSTADA CRISPY CHICKEN TENDERS RED POTATOES TOSSED SALAD FRESH VEGGIES FRESH FRUIT
PEPPERONI PIZZA CHEESE PIZZA HAMBURGER TOSSED SALAD FRESH VEGGIES FRESH FRUIT CANNED FRUIT	RIB-B-Q SANDWICH CRISPY CHICKEN TENDERS PBJ SANDWICH MASHED POTATOES TOMATO & CUKE SAL FRESH VEGGIES FRESH FRUIT CANNED FRUIT	NO SCHOOL 15	MOZZARELLA STICKS BREAKFAST SANDWICH EDAMAME BLACK BEAN SALAD FRESH VEGGIES FRESH FRUIT	CHICKEN ALFREDO PASTA 17 FISH TACO VEGGIE TACO BEEF TACO BAKED BEANS TOSSED SALAD FRESH VEGGIES FRESH FRUIT
NO SCHOOL 20	SLOPPY JOE PRETZEL & CHEESE PBJ SANDWICH BROCCOLI STEAMED BROCCOLI SALAD FRESH VEGGIES FRESH FRUIT	NO SCHOOL 22	FRENCH TOAST & SAUSAGE 23 FRENCH TOAST & EGG CHICKEN CORN DOG PBJ SANDWICH MINT FRUIT SALAD FRESH VEGGIES FRESH FRUIT CANNED FRUIT	CHICKEN PATTY SANDWICH 24 CHICKEN NOODLE BOWL SPICY WEDGES TOSSED SALAD FRESH VEGGIES FRESH FRUIT
PEPPERONI PIZZA CHEESE PIZZA ENCHILADA CASSEROLE FRESH VEGGIES FRESH FRUIT	LASAGNA BURGERS PBJ SANDWICH GARBNZO BEAN SALAD FRESH VEGGIES FRESH FRUIT CANNED FRUIT	NO SCHOOL 29		

MEAL PRICES FOR 2011-2012

Breakfast	Daily	Weekly
Paid	\$1.85	\$9.25
Reduced	No Charge	No Charge
Adult w/Milk	\$2.15	10.75
Reduced (Free)	No Charge	No Charge

You could possibly save money on school lunch and breakfast! Pick up a Free & Reduced Price Meal Application today and check it out! Applications are available at all the school sites.

Lunch	Daily	Weekly
Paid	\$2.75	\$13.75
Reduced	\$.40	\$2.00
Free	No Charge	No Charge
Adult w/Milk	\$3.25	16.25
Milk	\$.50	\$2.50

Sub Cook/Cashiers Wanted
\$9.90 up to 14.66 with qualifying experience

- Earn while your children learn!
- Hours per day; 2-3.75 hours
- A great job for parents who need to be home with school age children.

To Apply: Visit www.adams12.org to check for open positions.

This institution is an equal opportunity provider.

February 2012

Adams 12 Five Star Schools
MOUNTAIN RANGE HIGH SCHOOL MENU