

Who we serve. . . .

The Adult Supported Transition and Recreation Program (ASTAR) is for students: between the ages of 18 -21 (must turn 18 **prior** to October 1st) who will need **full-time intensive adult supervision in all environments throughout adulthood.**

To qualify for the program, the student must:

1) have an active IEP; 2) reside in Adams 12 Five Star School District; 3) have not yet received a diploma from any school district; 4) have met minimal academic requirements in the school environment and; 5) have a severe cognitive disability (an IQ below 50 if formal testing can be completed or an approximate mental age somewhere between infancy and 7 years old).

AND

Based on classroom assessment and data from the home and community environments, the student has intensive needs in two or more of the following areas:

****Interventions for severe communication impairment**

****Full or partial assist and/or supervision with Activities of Daily Living (ADLs)**

****Health care plan or daily intervention to address medical issues/concerns**

****Intervention for significant fine/gross motor deficits**

****Interventions for behavioral issues.**

AND

Due to age and limitations in functional academics, the student is in need of intensive services in the areas of transition and life skills, including skill building in personal care, communication, social interactions, motor skills and leisure activities.



Adult Supported Transition and Recreation Program

Vantage Point Campus
High Plains High School
Entrance
Room #E108
10900 Huron Street
Northglenn, CO 08234

For more Information, please
contact

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Adams 12 Five Star Schools

ASTAR Adult Supported Transition and Recreation Program



At School and in the
Community...

Meeting the Needs of our Students

Programming

District buses transport students from across the district to Vantage Point High School at 109th and Huron. Arrival time on campus is 9:30 a.m.

Monday through Friday.

The morning programming includes:

- an arrival routine
- personal care and hygiene
- development of communication skills
- physical activities
- development of independent leisure activities based on interest (for example, arts & crafts, accessing books/magazines or computer programs, cooking, gardening or listening to music on the radio, cassettes or CDs).

Lunch time stresses increasing independence with activities such as food preparation, set up, eating, drinking, and cleanup of the kitchen and dining areas.

The afternoon programming is similar to the morning block; however, on at least two to three afternoons per week, students will participate in community activities. The focus during the community outings is to have students use their social interaction and communication skills while accessing the community. These skills will help the student transition to adult life whether that be to an adult day program or home setting. Some examples of the outings that occur are listed on the next page.

Students leave for home at 4:00 p.m. each day except for Thursdays which is early release.

Community Activities

The ASTAR program accesses a variety of community resources. These group activities are scheduled and communicated to parents in advance. We ask that parents contribute to the cost of the outings.

Bowling at AMF Lanes on 104th

Every Tuesday 2:00 -4:00 p.m. \$3.00

Northglenn Recreation Center

Wednesdays 2:00 -4:00 p.m. \$3.50

Webster Lake at EB Raines Park

Wednesdays 2:00-4:00 p.m. @ no cost

DB Parsons Theatre Productions

Thursdays 10:00 a.m. -12:00 p.m. @\$4.00 every other month

Skate City @ 120th & I25

Some Wednesdays 2:00 p.m. -4:00 p.m. \$3.00

AMC Theatres > Movies

Days and times vary, \$5.00



Technology We Use:

The students all require some form of Assistive Technology.

Students may use:

Communication aides ranging from low tech picture boards and auditory scanning to single hit switches like Big Macs with voice output to personally owned augmentative communication devices such as the Dynavox or others.

Computer adaptations are used such as Touch Screens, Switch Click, Intellitools Keyboard and Activities, News 2 You and more software programs.



Power link for switch accessed environmental control of small appliances such as fans, paper shredders, blenders and radios.

Many of the students need adapted equipment.

Equipment may include:

Prone standers, sidelyers, Hoyer lifts, therapy table, hydraulic lift table, gait trainers, and various adapted seating .

Other Supports:

Students may receive:

G-tube feeding, monitoring of seizures/ breathing, and behavior plans using functional behavioral analysis.