



## **MIDDLE SCHOOL DISTRICT INTRAMURAL MISSION STATEMENT**

The mission of the Adams 12 Five Star School District Middle School Intramural Program is to aid in the academic, emotional, and physical development of our middle school students through the promotion of teamwork, fun, participation, and sportsmanship. The middle school intramural program is believed to be a valuable asset to the total education process. Research has shown that middle school activities assist in fostering team building skills, problem solving skills, self-discipline, and self-confidence. Through the development of these skills, it is believed that our middle school students, who are involved in intramurals, will become confident, contributing members of the Adams 12 Five Star School community and eventually continue to participate in school activities and athletics at our high schools.

### **Programs Offered**

<b><u>Season</u></b>	<b><u>Sport</u></b>
August - September	Soccer
October-November	Volleyball
January-February	Basketball
April-May	Flag Football

\*All programs are co-ed and free to all middle school students.