



BUILDING HEALTHY COMMUNITIES: Suicide Awareness using QPR

QUESTION, PERSUADE, REFER (QPR): THREE STEPS ANYONE CAN LEARN TO HELP PREVENT SUICIDE

Adams 12 Five Star Schools, in collaboration with Partners for Children's Mental Health, will be offering multiple QPR trainings to our community during the week of December 7-11, 2020 at no cost.

Question, Persuade, Refer (QPR) is a course focused on reducing suicidal behaviors by providing innovative, practical and proven suicide prevention strategies. This training is designed for anyone, eighteen years and older, who wants to make a positive difference in the life of someone they know.

Dec 7-11, 2020

Six sessions to choose from

Each session is limited to 40 participants

**For more info and to
reserve your seat today:**

www.adams12.org/BHC

Spanish interpretation available.



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