

# Adams 12 Five Star Schools | COVID-19 Student Health Self-Screening Log



Student Name: \_\_\_\_\_

To use this form, take your student’s temperature and check symptoms every day before reporting to school. If your student has underlining health conditions, such as allergies that cause them to have a runny nose, frequent nausea due to food allergies, etc, please let your school health aide know. However, if **they have any of the symptoms** below that are **outside of their normal baseline**, keep your child home and notify the school of the absence. Anyone experiencing symptoms outside their normal baseline should get tested, stay away from others, and isolate. Symptomatic students must follow the new public health guidance before returning to school. The new guidance is:

- A student may return 24 hours after their symptoms begin **only** if their symptoms have completely resolved.

\*Please notify the school if your student tests positive for COVID-19.

DATE	CIRCLE Y (YES) OR N (NO) FOR SYMPTOMS									
	Fever 100.4° or above	Cough	Shortness of breath or difficulty breathing	Chills	Muscle aches	Sore throat	Headache	Congestion or Runny Nose	New loss of taste or smell	Nausea, Vomiting or Diarrhea
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N
	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N	Y   N