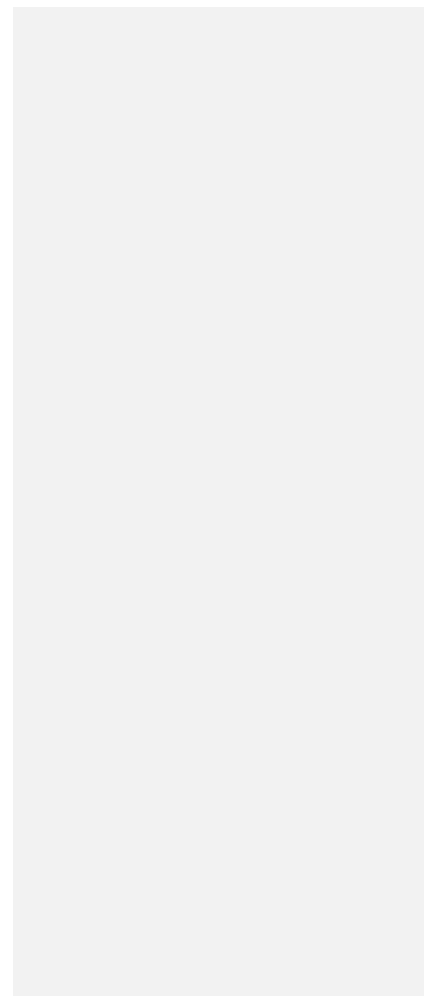


## Healthy Schools Successful Students: School Health Improvement Plan (SHIP)

**To be implemented in school year:2015-2016**

<b>Full School Name:</b> North Mor Elementary <b>District Name:</b> Adams 12 School District <b>Co-leader Name(s):</b> Cindy Ferrari / Jorge Alvarez				
<b>Priority Area: What WSCC priority area have you selected to focus your efforts (nutrition, staff wellness, physical activity, etc)?</b> Student social and emotional wellness				
<b>SMART Objective #1 (desired change):</b> By August, 2016, North Mor Elementary will implement a school-wide character building reward system that recognizes various positive virtues with healthy, active rewards.				
<input type="checkbox"/> New Objective				
<b>Data: What data will you collect that will indicate the objective has been achieved?</b> <ul style="list-style-type: none"> <li>• amount/location/types of referrals</li> <li>• tickets purchased for dances, &amp; healthy rewards</li> <li>• student surveys</li> <li>• teacher surveys</li> </ul>				
Action steps to achieve SMART Objective	Timeline (By When)	Person(s) Responsible	Budget Needed	Action Step Completed
Identify a committee that will communicate the needs for positive social and emotional attributes	By August 1st, 2016	Amy Herrman	\$	
Read the book, <u>Mindsets in the Classroom</u> , and reflect on	By August, 2016	Committee	\$	



our needs and priorities at North Mor.				
Build and finalize a system that promotes healthy celebrations and rewards.	August 2016	Committee	\$	
Set in place monthly assemblies to recognize, reinforce, and teach positive character traits	August 2016	Committee	\$	
Assign grade levels to be in charge of monthly assemblies - they will be student ran	Monthly 2016-2017	Committee	\$	
Post pictures of all students recognized for positive character traits for each month	Monthly 2016-2017	Teresa Bargas	\$	
Certificates, tokens, and necklaces will be designed and applicable for each assembly	By September 1st, 2016	Amy Herrman Shay Maestas	\$	
Reinforce and continue discussions on active, healthy rewards within PBIS	Monthly meetings on Thursdays 2016-2017	PBIS Committee`	\$	
Set in place a quarterly dance to recognize positive character traits	Oct. 30th, Dec. 11th, Feb. 19, May 5th	Committee	\$	
Serve healthy snacks for purchase during the dances	By October, 2016	Shay Maestas Megan Gurule Cindy Ferrari	\$300.00	
Evaluate tracking tool results to measure participation	Monthly PBIS meetings	Teresa Bargas Lisa Johnson PBIS Committee	\$	
Develop a survey for teachers and students to initiate further active, healthy rewards promoting positive virtues	May 16, 2017	Jorge Alvarez Cindy Ferrari	\$	
<b>BUDGET NEEDED FOR THIS OBJECTIVE:</b>			\$300	

**Priority Area: What priority area have you selected to focus your efforts?** Physical Fitness and Community Involvement

**SMART Objective #2 (desired change):**

By May 1st, 2017, a Running Club will be established for K-5 students with a participation rate of at least 50% of all students and staff, including as much family involvement as possible.

New Objective

**Data: What data will you collect that will indicate the objective has been achieved?**

- amount of participation
- family surveys
- testimonials/feedback from community on their involvement with the program

Action steps to achieve SMART Objective	Timeline (By When)	Person(s) Responsible	Budget Needed	Action Step Completed
Promote the "running club" by making weekly announcements about students, classroom, families and school goals.	By April 1st, 2017	Cindy Ferrari Jorge Alvarez	\$	
Enlist school involvement from staff to support the running club program with attendance, participation, family engagement, and promotion.	By April 1st, 2017	Cindy Ferrari Jorge Alvarez	\$	
Purchase start and finish lines, running timer, running vests, flags, jelly bracelets, and incentives for participants	By February, 2017	Cindy Ferrari Jorge Alvarez Teresa Bargas	\$1000.00	
Begin implementing before and after school running club activities for whole community involvement	By April 15th, 2017	Running Club Staff	\$	
Obtain data collection results to measure participation	April/May 2017	Cindy Ferrari	\$	

**Commented [1]:** The district has a chip timing system that schools can rent out. Please contact TJ Ricciardi if this might help.

**Commented [2]:** please provide this information. Do you have a budget for these items?

and input		Jorge Alvarez		
Sign up over 100 participants for Cottonwood Classic as our North Mor Community	By May 2017	Running Club Staff		
Survey parents and teachers for impact of running club on physical activity and community involvement	May 2017	Cindy Ferrari Jorge Alvarez		
<b>BUDGET NEEDED FOR THIS OBJECTIVE:</b>			\$1000	
<b>BUDGET NEEDED FOR <u>ALL</u> OBJECTIVES:</b>			\$1300	

\*\*\*Copy and paste the above table if you have more than two SMART Objectives.

**Optional: Describe other activities beyond your SHIP that support and further the health and wellness of students, staff, and family in your school:**

