

Nutrition Education Resources

1. Healthy School Environment Resources
<https://www.cde.state.co.us/nutrition/osnwellnessresourcespolicyelements>
2. Dole Children's Health
<http://www.dole.com/en/Articles/categories/HealthyFamily/childrenshealth>
3. Fruit and Vegetables More Matters, Get Kids Involved
http://www.fruitsandveggiesmorematters.org/?page_id=6
4. MyPlate
<http://www.choosemyplate.gov/>
5. National Dairy Council
<http://www.nationaldairycouncil.org/Pages/Home.aspx>
6. Teach Free.org
<http://www.school-wellness.org/default.aspx>
7. USDA Team Nutrition Resources
<http://teamnutrition.usda.gov/library.html>
This site provides a comprehensive list of resources available through Team Nutrition to schools and child care facilities that participate in the Federal Child Nutrition Programs. For easy reference, these resources have also been subdivided by audience:
 - Foodservice Professionals
 - Educators
 - Parents
 - Child Care Providers
 - Resources Available in Spanish