

# Healthy Schools Successful Students: School Health Improvement Plan (SHIP)

To be implemented in school year:

**Full School Name:**Silver Creek Elementary  
**District Name:**Adams 12  
**Co-leader Name(s):**Joel Bunn, Emily Farls, Rosanne Snyder

**Priority Area: What WSCC priority area have you selected to focus your efforts (nutrition, staff wellness, physical activity, etc)?**  
 Staff Wellness

**SMART Objective #1 (desired change):** By May 30, 2017 SCE will have at least 50% of the staff participating in one of the wellness classes offered during the year and attend the walking running club 3 times during the year

New Objective    Continued/Expanded Objective

**Data: What data will you collect that will indicate the objective has been achieved?**

1. Report the number of staff wellness programs that were presented throughout the year
2. Report the number of staff members that participated in the programs offered at the workplace
3. Compare the data of the number of staff members associated with staff wellness programs before and after implementing CSH wellness programs at the school

Action steps to achieve SMART Objective	Timeline (By When)	Person(s) Responsible	Budget Needed	Action Step Completed
Present to staff our schools SMART Source score in the health promotion of staff category and present staff with survey on what types of programs they would like to have offered on site. Present staff with three class ideas that will be held at SCE throughout the year.	By August 16, 2016	Joel Bunn Emily Farls	\$	
Present program options to staff and open discussion for final decision on what programs will be offered	By August 16, 2016	Joel Bunn Emily Farls	\$	

Finalize offerings based on input from staff	By August 16, 2016	Emily Farls	\$	
Design a plan to inform staff on when the programs will begin and where they will be held	August 25, 2016	Rosanne Snyder	\$	
Begin staff wellness programs	January 5, 2016	Joel Bunn	Depending on the results of the survey presents.	
Create a survey (Survey Monkey) for staff to complete to see if they valued the wellness programs and collect data on number of staff members that participated in the wellness programs.	May 1, 2016	Emily Farls		
Collect data on the number of members who participated, what they thought of the programs offered, and if they felt the programs impacted their overall health and wellness	May 1, 2016	Emily Farls		
Document data results and use data to continue to improve programs offered, if need be. Continue to look back at participant feedback to improve program value and results for staff	May 5, 2016	Joel Bunn		
Write a minimum of one success story utilizing data collected and analyzed (School Wellness Coordinator will provide template)	May 5, 2016	Joel Bunn		

**Priority Area: What priority area have you selected to focus your efforts?**

## Healthy School Fundraisers

### SMART Objective #2 (desired change):

**100% of the school fundraisers will be non-food based and will focus on student and family wellness by December 8, 2016.**

**New Objective**    Continued/Expanded Objective

### Data: What data will you collect that will indicate the objective has been achieved?

1. We will compile a list of fundraisers for the school and decide which are food based.
2. Comparison of fundraiser earnings from 2015-16 and 2016-17 school year.
3. Number of participants and outcomes from the student and family Silver Creek Sneak Fundraiser

Action steps to achieve SMART Objective	Timeline (By When)	Person(s) Responsible	Budget Needed	Action Step Completed
Present SMART Source results to our wellness team and our campaign for healthy fundraisers during PTO meeting throughout the year.	May 1, 2016	Joel Bunn	\$	
Gather support for wellness committee's desire for non-food based fundraiser	May 1, 2016	Joel Bunn and PTO	\$	
Plan Silver Creek Sneak Event and check writing drive for running.	May 1, 2016- August 8 2016	PTO	TBA	
Promote Fall fundraiser that raises money from donations for running.	August 1, 2016	Staff and PTO	\$	
Kick off fall fundraiser, Silver Creek Sneak, with PTO to promote healthy movement and exercise for lifelong learners.	September 12, 2016	PTO	\$	
Based on needs, offer one to two follow-ups with staff to debrief and promote ongoing support	December 5, 2016	PTO	\$	
Analyze, document, and share assessment results and utilize the data to plan for next school year.	December 8, 2016	Joel Bunn and PTO		
Write a minimum of one success story utilizing data collected and analyzed	May 5, 2016	Joel Bunn		

\*\*\*Copy and paste the above table if you have more than two SMART Objectives.

**Optional: Describe other activities beyond your SHIP that support and further the health and wellness of students, staff, and family in your school:**